

Nutrition Diploma



About E3mel Business Medical

E3mel Business Medical is the first educational platform in the Arab world specialized in the medical field.

It was launched in 2019 to provide professional training courses for graduates and professionals across various medical and scientific disciplines, including human medicine, veterinary medicine, sciences, cosmetics, and nutrition, delivered by a distinguished group of doctors, pharmacists, and scientists with extensive expertise.

About the Diploma

The Nutrition Diploma qualifies you to understand the science of nutrition from a comprehensive perspective that combines scientific foundations with practical applications. You will become capable of assessing individuals' nutritional status and designing balanced diet plans based on their health and physical needs.

The diploma covers diverse areas such as: Sports Nutrition, Nutritional Assessment, Vitamins and Minerals, Meal Planning, and Dietary Supplements, in addition to Clinical and Preventive Nutrition Applications. It is delivered under the supervision of a select group of specialists in nutrition sciences and healthcare management, ensuring both scientific accuracy and professional practical training.

Diploma Accreditation





Who is this Diploma for?

Nutrition Diploma for



Professionals in health and sports sectors

Professionals in health and sports sectors aiming to expand their knowledge in clinical and sports nutrition.



Individuals seeking to enter the nutrition field

Individuals seeking to enter the nutrition field.



Anyone interested in improving their lifestyle or becoming a nutrition coach.

Why Study the Diploma with **E3mel Business Medical?**

- 01 ♦ Continuously updated content that reflects the latest developments in nutrition science.
- 02 ♦ Flexible online learning that fits your personal schedule.
- 03 ♦ Hands-on training on nutritional formulas and applications.
- 04 ♦ An accredited certificate that strengthens your position in the job market.

What Will You Learn After Completing the Diploma?

- How to analyse and assess nutritional status using the latest clinical and laboratory methods.
- How to design customized nutrition plans based on individual health and fitness goals.
- A deep understanding of the relationship between macronutrients and micronutrients and their effects on body functions.
- Knowledge of the principles and safe use of dietary supplements.
- Nutrition counselling skills and awareness of the fundamentals of public health.

Certificate



The learner can also obtain an accredited certificate from EBU University (USA) within a maximum of 90 days from the request date.

Upon completing all courses in the Nutrition Diploma, the learner receives a free accredited certificate from E3mel Business Medical Academy, plus optional certificates for each course.

Study Method

The study duration is 12 months, and it can be reduced depending on the learner's preference to study multiple subjects in a shorter period.

The diploma consists of 15 training courses, and at the end of each course, the learner must pass a test with a minimum success rate of 50%.

If the learner does not pass the test, it can be retaken one week after the first attempt.

The study is conducted online through the academy's website, and upon successfully completing all courses, the learner receives an accredited certificate from E3mel Business Medical Academy.

Diploma in Numbers

Duration
12 months

Instructors
3

Diploma Courses
15

Total Study Hours
44 hours

الدورات التدريبية لدبلومة التغذية

ومدة دراسة كل دورة

المدة

الدورة التدريبية

03:06:19

Nutrition for Optimal Sports Performance

02:43:39

Sports Injury Prevention & care

02:51:44

Dietary Supplements

03:11:57

Nutrition for Elite Athletes

02:42:54

Introduction to human Nutrition

02:56:46

Fundamentals of Nutrition Science - Part 1

02:53:11

Fundamentals of Nutrition Science - Part 2

03:14:31

Fundamentals of Nutrition Science - Part 3

Note: The schedule specifies the timing of each training course in hours and minutes.

المدة

الدورة التدريبية

03:44:09

Fundamentals of Nutrition Science - Part 4

03:21:30

Nutritional Assessment

03:17:44

Assessment of nutrition status

02:27:21

Dietary Guidelines and Guidance

02:30:00

Meal Planning

01:55:27

Fat soluble vitamins

03:18:40

Water soluble vitamins

Note: The schedule specifies the timing of each training course in hours and minutes.

Diploma Instructors

Dr. Shereen Metwally

- Lecturer of Health Care Management at Arizona State University (ASU), USA
- Lecturer of Quality Management in Healthcare, The American University in Cairo (AUC)
- Business Development Consultant at the President's Egyptian Women's Health Initiative
- Advisor for several international academic and medical organizations



Dr. Sherif Azmy

- M.Sc. in Pain Management
- Board Member at UAMS & WSSEM
- USADA – Health Pro Advantage Certified
- WADA – Sport Physician's Toolkit Certified
- FIFA Diploma in Football Medicine



Dr. Yasmine Ezz Eldin

- Egyptian Fellowship in Clinical Nutrition
- Clinical Nutrition Diploma, National Nutrition Institute
- Healthcare Management Diploma, AUC
- Bachelor of Medicine and Surgery, Tanta University





أكاديمية

اعمل
بизнес



اشترك الان